

Thursday, January 18, 2024

1:30 – 4:45 p.m.

Senior Lawyers Division/Wellness Committee

3.0 MCLE Credit Hours, including up to 3.0 SA/MH credit hours

Supreme Court Commission on CLE Course #: 240032

Room Location: Willow

Attorney, Know Thyself

Self-Awareness is key to sound mental health. The Senior Lawyers' Division and the Wellness Committee have teamed up to provide attendees with a deeper understanding of themselves and others as determined by the Enneagram personality system. Each personality type has a distinct way of seeing and interacting with the world. Understanding Enneagram personality traits can impact the attorney's choice of practice setting and practice area, exchanges with clients, colleagues and opposing counsel, interactions with family and friends, and selections for leisure activities. Understanding the different types allows attorneys to approach conflicts and differences with more empathy and understanding.

Agenda

1:30 – 2:30 p.m.

Introduction to the Enneagram

Libby Cole

*Expand Coaching and Consulting, LLC
Brunswick, GA*

2:30 – 2:40 p.m.

Break

2:40 – 3:25 p.m.

Using Enneagram as a Tool for Professional Relationships at your Practice & Personal Relationships

Libby Cole

*Expand Coaching and Consulting, LLC
Brunswick, GA*

Catherine H. Kennedy

*Turner Padgett Graham & Laney, P.A.
Columbia, SC*

David Cantrell

*David D. Cantrell, Jr., LLC
Easley, SC*

Beverly A. Carroll

*Morton & Gettys, LLC
Rock Hill, SC*

3:25 – 3:30 p.m.

Break

3:30 - 4:15 p.m. **Personality Type Breakout – Maintaining Mental & Physical Health While Practicing Law Group Discussion**

Libby Cole
Expand Coaching and Consulting, LLC
Brunswick, GA

4:15 – 4:45 p.m. **Tips on Self Care and Management**

Libby Cole
Expand Coaching and Consulting, LLC
Brunswick, GA

Course Planner/Moderator: Catherine H. Kennedy
Turner Padgett Graham & Laney, PA
Columbia, SC

Lee Heath
Motley Rice, LLC
Mt. Pleasant, SC